

Short-term Heart Rate Variability Assessment Report

Client: **John Smith**
 Age: **48**
 Gender: **Male**

Date: **11/17/2008**
 Time: **12:41**
 Duration: **50:00**

Session Comments

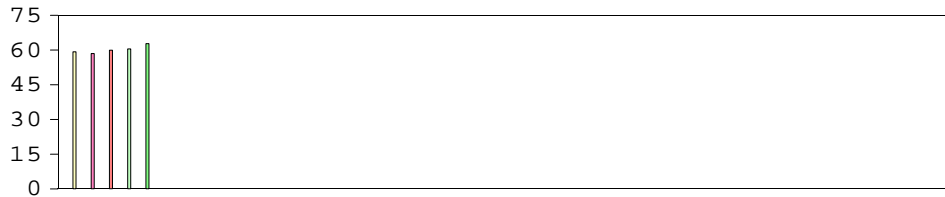
00:10:09
 00:16:50
 00:23:16
 00:30:33
 00:42:54

Selected Heart Rate Variability Profiles

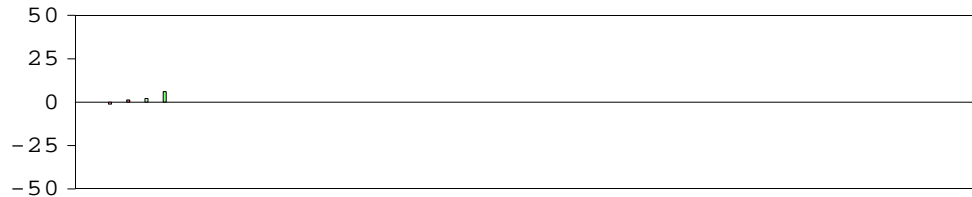
Name	Time	Mean HR bpm	Mean RR ms	SDNN ms	RMS-SD ms	Total Power ms*2/Hz	VLF ms*2/Hz	LF ms*2/Hz	HF ms*2/Hz	LF/HF	LFnorm	HFnorm
REF: Marker 1	00:10:09	59.2 100.0%	1013.5 100.0%	56.8 100.0%	41.9 100.0%	877.6 100.0%	359.3 100.0%	254.0 100.0%	264.3 100.0%	1.0 100.0%	49.0 100.0%	51.0 100.0%
Marker 2	00:16:50	58.5 98.7%	1026.5 101.3%	57.2 100.8%	47.8 114.0%	946.7 107.9%	293.1 81.6%	198.4 78.1%	455.2 172.2%	0.4 45.4%	30.4 61.9%	69.6 136.6%
Marker 3	00:23:16	59.9 101.2%	1001.4 98.8%	63.5 111.8%	41.1 98.0%	1254.7 143.0%	639.8 178.1%	367.7 144.8%	247.1 93.5%	1.5 154.9%	59.8 122.1%	40.2 78.8%
Marker 4	00:30:33	60.4 102.1%	992.7 97.9%	55.4 97.6%	45.6 108.8%	1070.2 121.9%	271.7 75.6%	373.4 147.0%	425.1 160.8%	0.9 91.4%	46.8 95.4%	53.2 104.4%
Marker 5	00:42:54	62.8 106.0%	956.0 94.3%	61.9 109.0%	56.8 135.4%	920.8 104.9%	333.7 92.9%	177.3 69.8%	409.8 155.0%	0.4 45.0%	30.2 61.6%	69.8 136.9%

Comparison Charts For Selected Heart Rate Variability Profiles

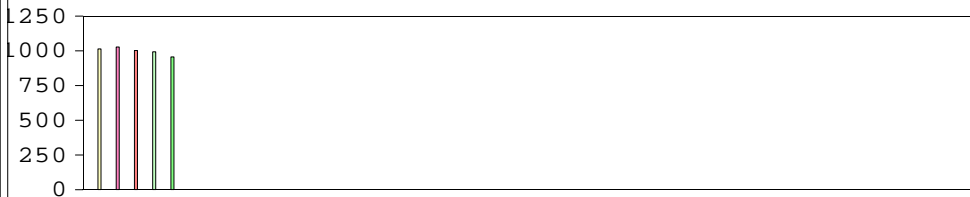
Mean Heart Rate (bpm)



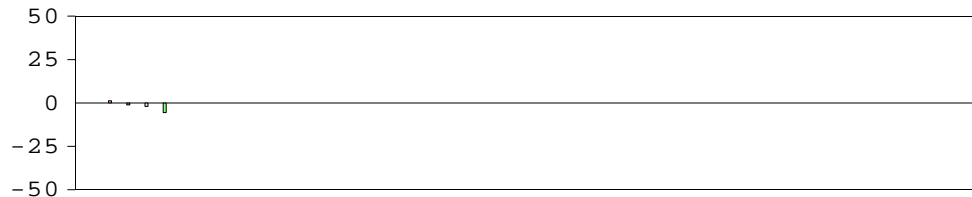
Mean Heart Rate (% Change)



Mean RR Interval (ms)



Mean RR Interval (% Change)



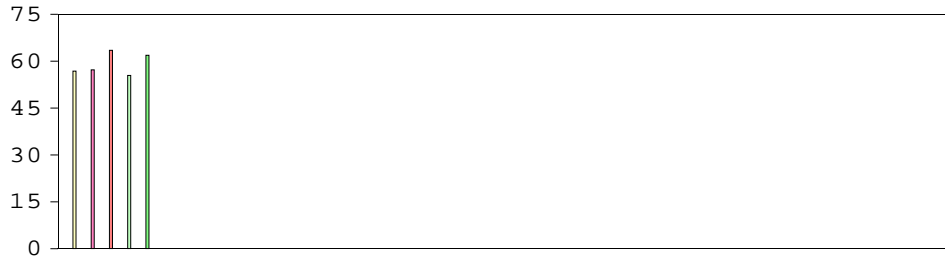
Short-term Heart Rate Variability Assessment Report

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Age: 48
Gender: Male

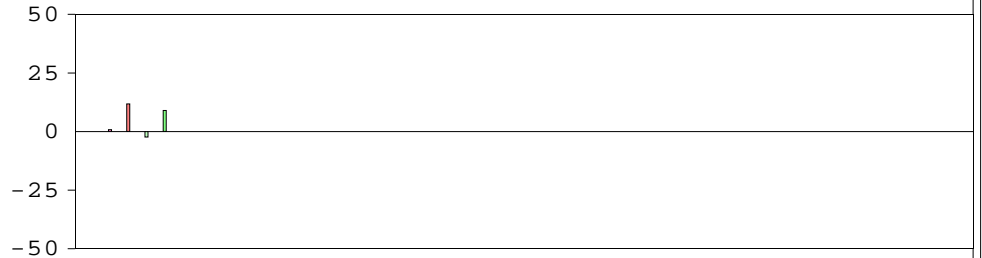
Date: 11/17/2008
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Comparison Charts For Selected Heart Rate Variability Profiles

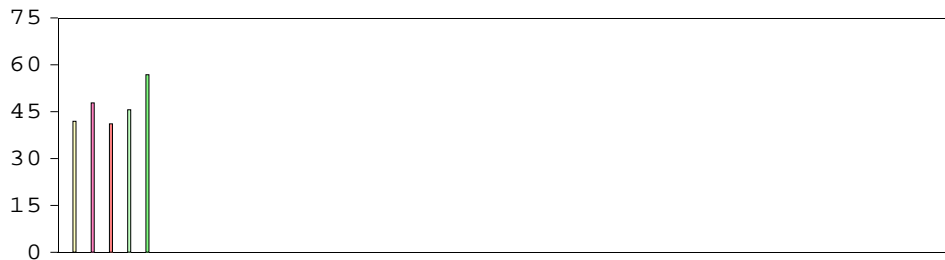
SDNN (ms)



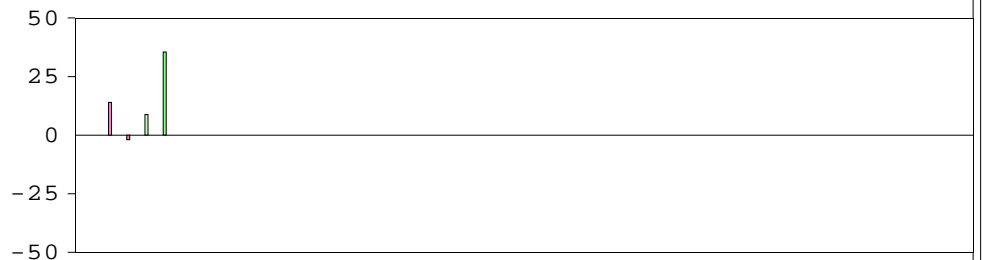
SDNN (% Change)



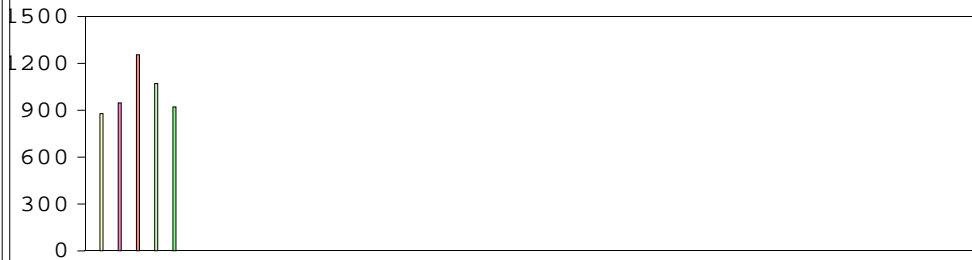
RMS-SD (ms)



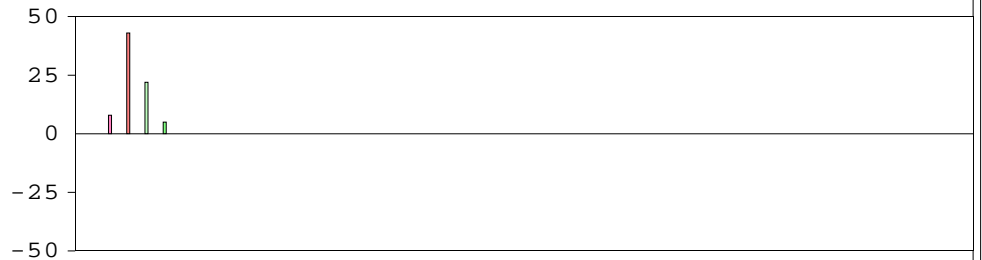
RMS-SD (% Change)



Total Power (ms²/Hz)



Total Power (% Change)



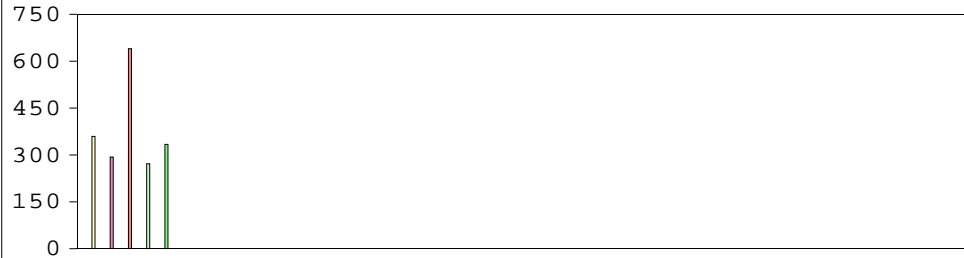
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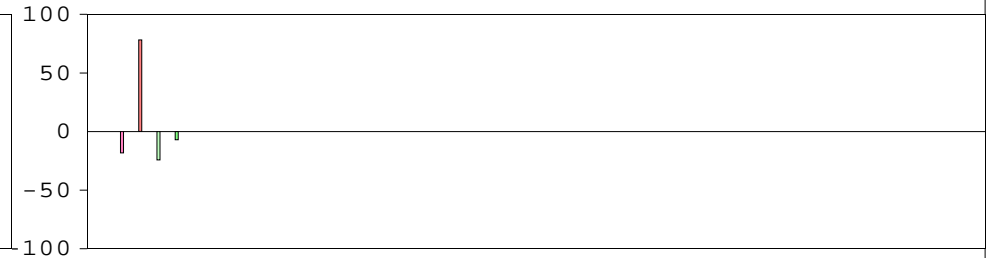
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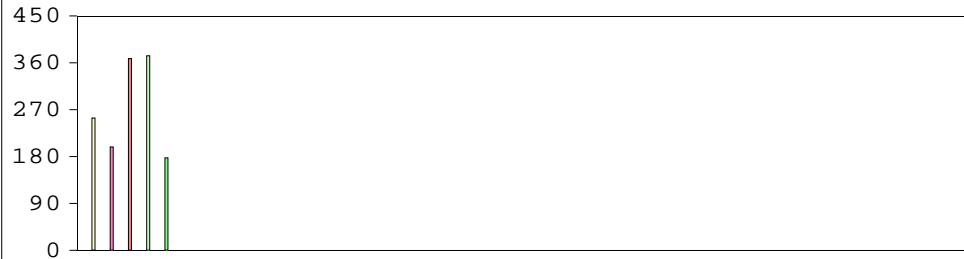
VLF (ms²/Hz)



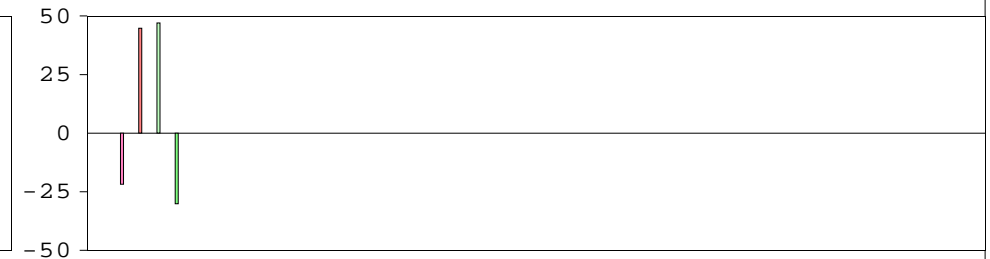
VLF (% Charge)



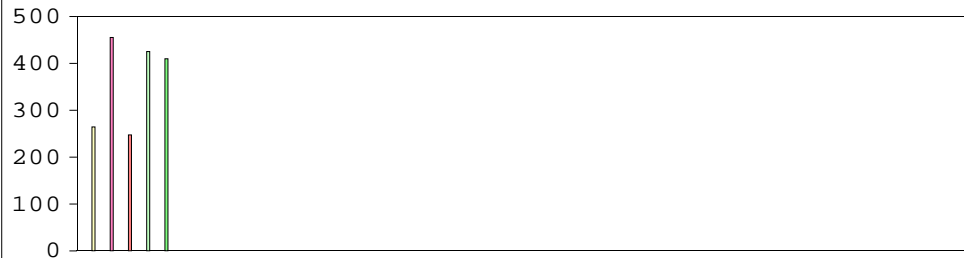
LF (ms²/Hz)



LF (% Charge)



HF (ms²/Hz)



HF (% Charge)

